

USFS Skate Colorado Basic Skills Series

Sponsored by:

ISC of Ft. Collins, Honnen Ice Arena, Broadmoor SC, Colorado SC, Pueblo FSC, Mountain View SC, Northern Colorado SC & Centennial SC

Events to take place at:

<p>Pueblo Midwinter Invitational Date: February 14, 2010 www.pueblofsc.com 100 North Grand Pueblo, CO 81002 Competition Chair: Dalene Perdue Dperdue2003@yahoo.com or pueblofsc@yahoo.com (719)671-5564 Competition Application Deadline: December 15, 2009</p>	<p>Ft. Collins Classic (EPIC) Date: March 28, 2010 www.iscfc.org 1801 Riverside Fort Collins, CO 80525 Competition Chairman: Linda Hobaugh/Joyce Jobson hobaugh3@aol.com or jmjobs@hotmail.com (970)219-5111 or (970)490-1640 Competition Application Deadline: February 15, 2010</p>
<p>Northern Colorado Skills Challenge Date: May 8, 2010 www.ncfsconline.org 7900 Fairgrounds Ave Fort Collins, CO 80528 Competition Chair: Bobbie Elliot manterborn@hotmail.com (970)223-6531 Competition Application Deadline: March 31, 2010</p>	<p>Colorado College Cup (Honnen Ice Arena) Date: May 29, 2010 www.coloradocollege.edu/athletics/honnen/index.asp 14 Cache La Poudre St. Colorado Springs, CO 80903 Competition Chairmen: Linda Alexander/Karen Kight Linda.alexander@coloradocollege.edu or thekightklan@comcast.net (719) 389-6156 or (719) 632-4349 Competition Application Deadline: April 29, 2010</p>
<p>Broadmoor Open (World Arena) Date: June 20, 2010 www.broadmoorsc.com 3185 Venetucci Blvd Colorado Springs, CO 80906 Competition Chair: Barbara Bradley HoneyB23@aol.com (719) 540-5655 Competition Application Deadline: April 22, 2010</p>	<p>Front Range Invitational (Greeley Ice Haus) Date: July 10, 2010 www.mountainviewskatingclub.com 900 8th Avenue Greeley, CO 80631 Competition Chair: Jaime Roberts/Kristin Hoort (970)371-7185/(970)397-7899 jaimejroberts@yahoo.com or Kristin.hoort@greeleygov.com Competition Application Deadline: June 4, 2010</p>
<p>Colorado Gold (South Suburban) Date: August 29, 2010 www.coloradoskatingclub.org 6580 So. Vine Street Centennial, CO 80121 Competition Chair: Kristin Sannes kasannes@qwest.net (303)734-1544 Competition Application Deadline: July 25, 2010</p>	<p>Colorado Springs Invitational (Sertich Ice Center) Date: September 19, 2010 www.centennialskatingclub.org 1705 Pikes Peak Avenue Colorado Springs, CO 80909 Competition Chair: Lisa Landon Lisa_landon@comcast.net (719) 659-0912 Competition Application Deadline: July 31, 2010 ** All Basic Skills Competition Series awards will be given at this site **</p>

MISSION STATEMENT: Give Colorado skaters a chance to develop their USFS Basic Skills in a fun, competitive environment.

AWARDS: During the competition season, skaters will have the chance to compete at eight different arenas and earn points for a final standing. *Trophies will be awarded at the conclusion of the CSI Basic Skills competition to the skaters with the highest point totals who compete in at least FOUR of the EIGHT scheduled competitions.*

Free skate and Elements/Compulsory Program Series Point System

A skater must enter **BOTH** Free skating **AND** the Compulsory/Elements event in each of at least four of the eight registered Series Basic Skills Competitions to be eligible for accumulating points. Each event will have a maximum of six skaters. **Both youth and adults may accumulate points!**

The system for scoring points for the trophies will be as follows:

1 st place	6 points
2 nd place	5 points
3 rd place	4 points
4 th place	3 points
5 th place	2 points
6 th place	1 point

** A skater will earn three points toward their overall standing each time the skaters enters a level that is higher than the level competed in at the previous competition throughout the duration of the series. In order to keep the extra three points he/she must compete in that level or higher in all subsequent competitions. The points for skaters moving up will be awarded each time the skater competes at a level higher than in their previous competition.*

In the event that there is only one skater in an event, the skater will have the choice to skate alone OR move up a level to compete against other skaters. In this case, those skaters will be allowed to move back to their original level to compete at the next competition.

If an event has 2-6 skaters, the points will be awarded as if there were six skaters in the group. If there is only one skater in the group, that skater will be awarded three points.

In case of a tie, the total number of skaters that the competitor has skated against throughout the series will be the tie breaker.

All points follow the skater throughout the series, so if a skater moves up to higher levels, the points follow the skater. Once a skater moves up a level, they may not compete at a lower level unless they moved up as a result of having no other skaters in their group.

Trophies will be awarded 1-3 place in each level from Snowplow Sam through Free skate 6. The trophies will be awarded to the skaters at their level as of the last competition in the series.

Please note: Spin, Dance, Pair, Theater on Ice, Synchronized team, and Showcase events will not be counted in the final standings. No-Test to Preliminary and Test Track Limited Beginner – Preliminary events will not be counted in the Free skate and Elements/Compulsory Program series.

Rules and Format:

COMPETITION ANNOUNCEMENT

The U.S. Figure Skating Skate Colorado Basic Skills Competition Series is sponsored equally by the eight participating ice rinks and/or USFS member clubs. Competition packages will be available at all participating ice rinks and/or via the club or rink websites. Each competition will have its own entry forms and specific rules so please make sure to read the entire announcement for each competition.

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWFLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For Free skate 1-6, eligibility will be based only upon highest free skate test level passed (MIF test level will not determine skater's competitive level). All FREE SKATE 1-6 SKATERS are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

It is very important to the success of the series that skaters are placed in the correct divisions. If, for whatever reason, the local organizing committee discovers that a skater has been placed in a category that is below their class level, the chair and referee will have the option to move the skater to the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.

Elements Event – Basic Skills Curriculum and Adults 1-4

Format: Each skater will have the option to perform one element at a time in the order listed below (no excessive connecting steps) **OR** will perform each element when directed by a judge or referee.

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

Free skate Compulsory Event – Free skate Curriculum

Format: In program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

Basic Programs with Music

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

Free skate Programs 1-6 with music and Adults

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Required Element Descriptions for Elements and Compulsory Programs

Level	Description
Snowplow Sam	<ol style="list-style-type: none"> 1. March followed by a two-foot glide and dip 2. Forward two-foot swizzles - 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles - 2-6 in a row
Basic 1	<ol style="list-style-type: none"> 1. Forward two-foot glide 2. Forward two-foot swizzles - 6-8 in a row 3. Forward snowplow stop 4. Backward wiggles - 6-8 in a row
Basic 2	<ol style="list-style-type: none"> 1. Forward one-foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line- across width of ice 3. Two-foot turn in place - forward to backward 4. Backward two-foot swizzles - 6-8 in a row 5. Moving snowplow stop
Basic 3	<ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise -6-8 consecutive 3. Moving forward to backward two-foot turn - either direction 4. Backward one-foot glide - either foot 5. Two-foot spin
Basic 4	<ol style="list-style-type: none"> 1. Forward outside edge on a circle- clockwise or counterclockwise 2. Forward crossovers- 6-8 consecutive- both directions 3. Forward outside 3-turn - R and L from a standstill 4. Backward stroking 5. Backward snowplow stop - R or L
Basic 5	<ol style="list-style-type: none"> 1. Backward outside edge on a circle- clockwise or counterclockwise 2. Backward crossovers – 6-8 consecutive- both directions 3. One-foot Upright spin - minimum of 3 revolutions 4. Hockey Stop 5. Side Toe hop - either direction
Basic 6	<ol style="list-style-type: none"> 1. Forward inside 3-turn - R and L from a standstill 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
Basic 7	<ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet jump - either direction 3. Backward crossovers to a backward outside edge landing position, clockwise and counterclockwise 4. Forward inside pivot
Basic 8	<ol style="list-style-type: none"> 1. Moving forward outside or forward inside three-turns - R and L 2. Waltz jump 3. Mazurka - either direction 4. Combination move - clockwise or counterclockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. One-foot upright spin, optional free foot position
Free skate 1	<ol style="list-style-type: none"> 1. Advanced forward stroking – 4-6 consecutive strokes 2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside edges 3. Scratch spin from backward crossovers 4. Waltz jump from backward crossovers 5. Half flip jump
Free skate 2	<ol style="list-style-type: none"> 1. Forward outside spiral - R or L, and a forward inside spiral - R or L 2. Waltz Three's- R or L 3. Beginning back spin- entry optional 4. Waltz jump, side toe hop, waltz jump series 5. Toe loop jump
Free skate 3	<ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls - 4-6 consecutive 3. Back spin 4. Salchow jump 5. Waltz jump/toe loop or Salchow/toe loop
Free skate 4	<ol style="list-style-type: none"> 1. Spiral sequence, FI spiral, FI Mohawk, BO spiral, clockwise or counter clockwise 2. Forward power 3's, 2-3 consecutive sets - R or L 3. Sit spin 4. Loop jump 5. Waltz jump/loop jump

Free skate 5	<ol style="list-style-type: none"> 1. Spiral Sequence, FO Spiral, forward outside 3 turn, one backward crossover, backward inside spiral 2. Camel spin 3. Forward upright spin to back upright spin 4. Loop/loop jump 5. Flip jump
Free skate 6	<ol style="list-style-type: none"> 1. Five step Mohawk sequence – 1 set alternating pattern 2. Camel, sit spin combination - minimum of 4 revolutions total 3. Split jump or stag jump 4. Waltz jump, 1/2 loop, salchow combination 5. Lutz jump
Adult 1	<ol style="list-style-type: none"> 1. Forward Swizzles 4-6 in a row 2. Backward Swizzles 4-6 in a row 3. Forward 1-foot glide R&L 4. Two foot turn in place 5. Snowplow stop
Adult 2	<ol style="list-style-type: none"> 1. Forward Crossovers, clockwise and counter clockwise 2. Moving 2-foot turn on a curve both directions 3. Backward 1-foot glide R or L 4. Forward Pivot
Adult 3	<ol style="list-style-type: none"> 1. Inside Mohawk either direction 2. Backward crossovers, clockwise and counter clockwise 3. Basic forward outside and forward inside edges – 4-6 consecutive 4. Two-foot spin – entry optional
Adult 4	<ol style="list-style-type: none"> 1. Forward Outside 3-Turns R&L 2. Forward Inside 3-Turns R&L 3. Perimeter stroking with crossover end pattern 4. Power 3-turns one direction only, set of 3

**** Please Note: For all Snowplow Sam 1- Basic 8 Elements events, the elements MUST be skated in the order listed.**

Required Element Descriptions for Programs with Music

Snowplow Sam through Basic 8 and Adult 1-4 are the same elements as in the Elements/Compulsory Programs event – Freeskiate 1 through Freeskiate 6 are as below

Level	Description
Free skate 1	<ol style="list-style-type: none"> 1. Advanced forward stroking – 4-6 consecutive strokes 2. Scratch spin from backward crossovers 3. Waltz jump from backward crossovers 4. Half flip jump
Free skate 2	<ol style="list-style-type: none"> 1. Forward outside spiral - R or L 2. Beginning back spin- entry optional 3. Waltz jump, side toe hop, waltz jump series 4. Toe loop jump
Free skate 3	<ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Back spin 3. Salchow jump 4. Waltz jump/toe loop or Salchow/toe loop
Free skate 4	<ol style="list-style-type: none"> 1. Forward power 3's, 2-3 consecutive sets - R or L 2. Sit spin 3. Loop jump 4. Waltz jump/loop jump
Free skate 5	<ol style="list-style-type: none"> 1. Camel spin 2. Forward upright spin to back upright spin 3. Loop/loop jump 4. Flip jump
Free skate 6	<ol style="list-style-type: none"> 1. Camel, sit spin combination - minimum of 4 revolutions total 2. Split jump or stag jump 3. Waltz jump, 1/2 loop, salchow combination 4. Lutz jump

FACILITIES

All events will be skated on one ice surface at EPIC (Edora Pool Ice Center). The ice surface is an indoor surface with rounded corners, measuring 85 X 200 feet.

LIABILITY

The U.S. Figure Skating and the clubs or organizers of competitions undertake no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, U.S. Figure Skating, the club hosting the competition and against its officers, and their entries shall be accepted only on such condition.

REGISTRATION

The registration desk is located at Skate Rental in the main (west) lobby and will be open one hour prior to, and during competition events. Skaters are required to check at the Official Bulletin Board located in this area for any changes. Posting of such notices, changes, or announcements shall be considered sufficient notice to all participants.

SPECIAL ANNOUNCEMENTS

This complete announcement and registration forms plus all urgent notices will be posted on the Ice Skating Club of Fort Collins website at www.iscfc.org. Please visit this site on a regular basis.

HOST HOTEL

HOTELS: The official hotel for the competition is **The Marriott Hotel** located at 350 Horsetooth Road, Fort Collins. A limited number of rooms are available. To receive the special competition rate of \$89 per night call 1-800-228-9290 (local call 970-226-5200) and ask for **Fort Collins Classic** room rates. Reservations must be made no later than **5pm on March 1, 2010. Please support our host hotel if at all possible.**

REFUND POLICY

There are no refunds given once the entry has been submitted and entrant registered per USFS policies. The Competition Committee reserves the right to limit the entries for each event or to cancel an entire event due to time constraints. Entries will be processed on a "First Come, First Served" basis. **ANY RETURNED CHECKS WILL BE CHARGED A \$30.00 SERVICE CHARGE.**

AWARDS

Awards will be presented each day as close as possible to the conclusion of the event. Check the Official Bulletin Board for schedule of times. In all Beginning Skater Events medals will be given for first through sixth place. All pictures will be taken immediately following the final result posting of each event.

PRACTICE ICE

Practice ice is available Sunday morning prior to the start of the competition and may be available earlier in the weekend depending on demand. Please indicate the number of sessions (no more than two) that you want and fill out the attached practice ice form. Sessions are 30 minutes in length and no music will be played. Sessions may or may not be on the competition ice surface.

MUSIC

Competitors must provide their music in CD format only – no cassette tapes will be accepted. All CDs **MUST** be turned in at the time of registration at least one hour before your event. Please be sure they are properly labeled with your name and event. CDs should have no more than a three second lead-in. A SPARE CD **MUST ALSO BE AVAILABLE FOR USE DURING PRACTICE SESSIONS AND AS A BACK-UP DURING COMPETITION.** CDs must contain only one piece of music. The music committee will take every precaution to safeguard CDs but will not be responsible for music forgotten after practice ice or after the event. If music is left after the event, it will be held for two weeks and then discarded. Please contact Linda Hobaugh by email at Hobaugh3@aol.com or by phone at (970) 219-5111 to make arrangements for return of music.

ENTRIES AND FEES

Entry and practice ice fees must accompany the complete approved entry application.

Basic Skills

1 st Event	\$40.00
Additional Events	\$20.00

ENTRY FORM

2010 Fort Collins Classic Basic Skills Competition (Part of USFS Basic Skills Series)

This entry form is for **Fort Collins Classic Basic Skills 2010** (only one of the USFS Colorado Basic Skills series competitions). A separate application and payment is necessary for each of the six competitions within the series.

Name: _____ Age: _____ Sex: _____
Last First

Address: _____ City: _____

State: _____ Zip: _____ E-Mail: _____

Area Code/Phone: _____ Birthday: _____

USFS/Basic Skills Number: _____

Current Skating Level : _____ Home Rink: _____

Coach's Name: _____ Phone #: _____

Coach's E-Mail: _____

Please check events you are entering:

Snowplow Sam/Tots

- Elements
- Program

Basic 1

- Elements
- Basic 1 Program

Basic 2

- Elements
- Basic 2 Program

Basic 3

- Elements
- Basic 3 Program

Basic 4

- Elements
- Basic 4 Program

Basic 5

- Elements
- Basic 5 Program

Basic 6

- Elements
- Basic 6 Program

Basic 7

- Elements
- Basic 7 Program

Basic 8

- Elements
- Basic 8 Program

Freestyle 1

- Compulsories
- Program

Freestyle 2

- Compulsories
- Program

Freestyle 3

- Compulsories
- Program

Freestyle 4

- Compulsories
- Program

Freestyle 5

- Compulsories
- Program

Freestyle 6

- Compulsories
- Program

Adult 1

- Elements
- Program

Adult 2

- Elements
- Program

Adult 3

- Elements
- Program

Adult 4

- Elements
- Program

COMPETITOR/PARENT/GUARDIAN STATEMENT: I understand that this entry must be in the hands of the committee by February 22, 2010 and I have read the announcement and understand the rules and policies listed within. The competition committee reserves the right to limit the number of entries accepted or cancel an event due to time constraints. The undersigned agrees to hold harmless the US Figure Skating and Ice Skating Club of Fort Collins, EPIC (Edora Pool Ice Center) and their employees and agents from any loss, damage, and/or injury that may be sustained by the entrant in any manner while participating in any of the activities of said competition. If this entry is incomplete, I will accept a collect phone call to complete my entry. **A parent or guardian must sign this release if entrant is under 21 years of age.**

Competitor's Signature _____

Parent or Guardian's Signature _____

COACH'S/SKATING SCHOOL DIRECTOR CERTIFICATION: I have read this entry form and certify that it is complete and that the skater is eligible to enter the events as listed in the application.

Coach's Signature _____

Coach USFS # _____

Coach Phone number: _____

Coach's Address: _____

Coach's Email: _____

Deadline: Entries must be received by February 15, 2010.

Applications must be entirely completed or entry will be returned. Include complete entry form, practice ice reservations, payment, and stamped self-addressed envelope if you don't have internet access.

Make checks payable to: Ice Skating Club of Fort Collins
 Mail checks and all forms to: Diana Cassi, Registrar
 613 Warren Landing
 Fort Collins, CO 80525
 (970) 223-9138 or dianacassi@msn.com

Entry Fees Form – U.S. Figure Skating Skate Colorado Basic Skills Competition Series

	Fees	# of Events	Total Costs
Basic Skills Events			
First Event	40.00		
Additional Event	20.00		
Practice Ice Fee		Transfer from practice ice form	=
Late Fee if February 15, 2010	50.00		=
Handling Fee for Paper Entry	10.00		=
Total Amount Due			=

All entries must be postmarked on or before February 15, 2010 in accordance with Rule #3235. Please use the U. S. Postal Service to guarantee that we receive your entry form. Late entries will be accepted in accordance with Rule #3231 as stated in the U.S. Figure Skating Rulebook, at the discretion of the Chief Referee, AND ONLY IF ACCOMPANIED BY A \$30.00 LATE FEE. Incomplete entries may warrant a collect telephone call from the Competition Committee to obtain the needed information. Absolutely no entry fee will be refunded.

2010 FORT COLLINS CLASSIC BASIC SKILLS COMPETITION

PRACTICE ICE FORM

Official practice ice for the 2010 Fort Collins Classic Basic Skills competition will be available on March 28th in the morning prior to the start of competitive events for the cost of \$12.00 per 30-minute session payable in advance.

PRACTICE ICE CHARGES ARE NON REFUNDABLE AND NON TRANSFERABLE.

NAME OF SKATER: _____

ADDRESS: _____ CITY _____

STATE _____ ZIP _____

PHONE:
(Home) _____ Cell: _____ Work: _____

EMAIL Address: _____

Total number of sessions requested _____ x \$12 = _____ Total Encl.

Please make check payable ISC of Fort Collins, and mail to:

**Fort Collins Classic Basic Skills Competition
Diana Cassi, Registrar
613 Warren Landing
Fort Collins, CO 80525**

Returned checks will be charged a \$30.00 fee. Mail practice ice form postmarked no later than February 15, 2010.