

USFS Skate Colorado Basic Skills Series

Sponsored by:

ISC of Ft. Collins, Honnen Ice Arena, Broadmoor SC, Colorado SC, Pueblo FSC, Mountain View SC, Northern Colorado SC & Centennial SC

Events to take place at:

Pueblo Midwinter Invitational

Date: February 14, 2010

HYPERLINK "<http://www.pueblofsc.com>" www.pueblofsc.com

100 North Grand

Pueblo, CO 81002

Competition Chair: Dalene Perdue

HYPERLINK "<mailto:Dperdue2003@yahoo.com>" Dperdue2003@yahoo.com or HYPERLINK

"<mailto:pueblofsc@yahoo.com>" pueblofsc@yahoo.com

(719)671-5564

Competition Application Deadline: December 15, 2009 Ft. Collins Classic (EPIC)

Date: March 28, 2010

HYPERLINK "<http://www.iscfc.org>" www.iscfc.org

1801 Riverside

Fort Collins, CO 80525

Competition Chairman: Linda Hobaugh/Joyce Jobson

HYPERLINK "<mailto:hobaugh3@aol.com>" hobaugh3@aol.com or HYPERLINK

"<mailto:jmjobs@hotmail.com>" jmjobs@hotmail.com

(970)219-5111 or (970)490-1640

Competition Application Deadline: February 8, 2010

Northern Colorado Skills Challenge

Date: May 8, 2010

HYPERLINK "<http://www.ncfsconline.org>" www.ncfsconline.org

7900 Fairgrounds Ave

Fort Collins, CO 80528

Competition Chair: Bobbie Elliot

HYPERLINK "<mailto:manterborn@hotmail.com>" manterborn@hotmail.com

(970)223-6531

Competition Application Deadline: March 31, 2010 Colorado College Cup (Honnen Ice Arena)

Date: May 29, 2010

HYPERLINK "<http://www.coloradocollege.edu/athletics/honnen/index.asp>"

www.coloradocollege.edu/athletics/honnen/index.asp

14 Cache La Poudre St.

Colorado Springs, CO 80903

Competition Chairmen: Linda Alexander/Karen Kight

HYPERLINK "<mailto:Linda.alexander@coloradocollege.edu>" Linda.alexander@coloradocollege.edu or

HYPERLINK "<mailto:thekightklan@comcast.net>" thekightklan@comcast.net

(719) 389-6156 or (719) 632-4349

Competition Application Deadline: April 29, 2010

Broadmoor Open (World Arena)

Date: June 20, 2010
HYPERLINK "http://www.broadmoorsc.com" www.broadmoorsc.com
3185 Venetucci Blvd
Colorado Springs, CO 80906
Competition Chair: Barbara Bradley
HYPERLINK "mailto:HoneyB23@aol.com" HoneyB23@aol.com
(719) 540-5655

Competition Application Deadline: April 22, 2010 Front Range Invitational (Greeley Ice Haus)

Date: July 10, 2010
HYPERLINK "http://www.coloradoskatingclub.org" www.coloradoskatingclub.org
900 8th Avenue
Greeley, CO 80631
Competition Chair: Jaime Roberts/Kristin Hoort
(970)371-7185/(970)397-7899
HYPERLINK "mailto:jaimejroberts@yahoo.com" jaimejroberts@yahoo.com or HYPERLINK
"mailto:Kristin.hoort@greeleygov.com" Kristin.hoort@greeleygov.com

Competition Application Deadline: June 4, 2010

Colorado Gold (South Suburban)

Date: August 29, 2009
HYPERLINK "http://www.coloradoskatingclub.org" www.coloradoskatingclub.org
6580 So. Vine Street
Centennial, CO 80121
Competition Chair: Kristin Sannes
kasannes@qwest.net
(303)734-1544

Competition Application Deadline: July 25, 2010 Colorado Springs Invitational (Sertich Ice Center)

Date: September 13, 2009
HYPERLINK "http://www.centennialskatingclub.org" www.centennialskatingclub.org
1705 Pikes Peak Avenue
Colorado Springs, CO 80909
Competition Chair: Lisa Landon
Lisa_landon@comcast.net
(719) 659-0912

Competition Application Deadline: July 31, 2010

**** All Basic Skills Competition Series awards will be given at this site ****

MISSION STATEMENT: Give Colorado skaters a chance to develop their USFS Basic Skills in a fun, competitive environment.

AWARDS: During the competition season, skaters will have the chance to compete at eight different arenas and earn points for a final standing. *Trophies will be awarded at the conclusion of the CSI Basic Skills competition to the skaters with the highest point totals who compete in at least FOUR of the EIGHT scheduled competitions.*

**Free skate and Elements/Compulsory Program
Series Point System**

A skater must enter **BOTH** Free skating **AND** the Compulsory/Elements event in each of at least four of the eight registered Series Basic Skills Competitions to be eligible for accumulating points. Each event will have a maximum of six skaters. **Both youth and adults may accumulate points!**

The system for scoring points for the trophies will be as follows:

1 st place	6 points
2 nd place	5 points
3 rd place	4 points
4 th place	3 points
5 th place	2 points
6 th place	1 point

** A skater will earn three points toward their overall standing each time the skaters enters a level that is higher than the level competed in at the previous competition throughout the duration of the series. In order to keep the extra three points he/she must compete in that level or higher in all subsequent competitions. The points for skaters moving up will be awarded each time the skater competes at a level higher than in their previous competition.*

In the event that there is only one skater in an event, the skater will have the choice to skate alone OR move up a level to compete against other skaters. In this case, those skaters will be allowed to move back to their original level to compete at the next competition.

If an event has 2-6 skaters, the points will be awarded as if there were six skaters in the group. If there is only one skater in the group, that skater will be awarded three points.

In case of a tie, the total number of skaters that the competitor has skated against throughout the series will be the tie breaker.

All points follow the skater throughout the series, so if a skater moves up to higher levels, the points follow the skater. Once a skater moves up a level, they may not compete at a lower level unless they moved up as a result of having no other skaters in their group.

Trophies will be awarded 1-3 place in each level from Snowplow Sam through Free skate 6. The trophies will be awarded to the skaters at their level as of the last competition in the series.

Please note: Spin, Dance, Pair, Theater on Ice, Synchronized team, and Showcase events will not be counted in the final standings. No-Test to Preliminary and Test Track Limited Beginner – Preliminary events will not be counted in the Free skate and Elements/Compulsory Program series.

Rules and Format:

COMPETITION ANNOUNCEMENT

The **U.S. Figure Skating Skate Colorado Basic Skills Competition Series** is sponsored equally by the eight participating ice rinks and/or USFS member clubs. Competition packages will be available at all participating ice rinks and/or via the club or rink websites. Each competition will have its own entry forms and specific rules so please make sure to read the entire announcement for each competition.

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For Free skate 1-6, eligibility will be based only upon highest free skate test level passed (MIF test level will not determine skater's competitive level). All FREE SKATE 1-6 SKATERS are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

It is very important to the success of the series that skaters are placed in the correct divisions. If, for whatever reason, the local organizing committee discovers that a skater has been placed in a category that is below their class level, the chair and referee will have the option to move the skater to the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.

Elements Event – Basic Skills Curriculum and Adults 1-4

Format: Each skater will have the option to perform one element at a time in the order listed below (no excessive connecting steps) **OR** will perform each element when directed by a judge or referee.

To be skated on 1/3 to 1/2 ice

No music

All elements must be skated in the order listed

Time: 1:00 or less

Free skate Compulsory Event – Free skate Curriculum

Format: In program form, using a limited number of connecting steps, the skating order of the required elements is optional

To be skated on ½ ice

No music is allowed

The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels

A .2 deduction will be taken for each element performed from a higher level

Time: 1:15 or less

Basic Programs with Music

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

To be skated on full ice

Vocal music is allowed

The skater may use elements from a previous level

A .2 deduction will be taken for each element performed from a higher level

Time: 1:00 +/- 10 seconds

Free skate Programs 1-6 with music and Adults

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

Vocal music is allowed.

The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels

A .2 deduction will be taken for each element performed from a higher level

Time 1:30+/-10sec

Free skate 3

Required Element Descriptions for Elements and Compulsory Programs

Level	Description
Snowplow Sam	March followed by a two-foot glide and dip Forward two-foot swizzles - 2-3 in a row Forward snowplow stop Backward wiggles - 2-6 in a row
Basic 1	Forward two-foot glide Forward two-foot swizzles - 6-8 in a row Forward snowplow stop Backward wiggles - 6-8 in a row
Basic 2	Forward one-foot glide - either foot Forward alternating ½ swizzle pumps, in a straight line- across width of ice Two-foot turn in place - forward to backward Backward two-foot swizzles - 6-8 in a row Moving snowplow stop
Basic 3	Forward stroking Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise -6-8 consecutive Moving forward to backward two-foot turn - either direction Backward one-foot glide - either foot Two-foot spin
Basic 4	Forward outside edge on a circle- clockwise or counterclockwise Forward crossovers- 6-8 consecutive- both directions Forward outside 3-turn - R and L from a standstill Backward stroking Backward snowplow stop - R or L
Basic 5	Backward outside edge on a circle- clockwise or counterclockwise Backward crossovers – 6-8 consecutive- both directions One-foot Upright spin - minimum of 3 revolutions Hockey Stop Side Toe hop - either direction
Basic 6	Forward inside 3-turn - R and L from a standstill Bunny Hop Forward spiral on a straight line - R or L Lunge - R or L T-stop - R or L
Basic 7	Forward inside open Mohawk - R to L and L to R Ballet jump - either direction Backward crossovers to a backward outside edge landing position, clockwise and counterclockwise Forward inside pivot
Basic 8	Moving forward outside or forward inside three-turns - R and L Waltz jump Mazurka - either direction Combination move - clockwise or counterclockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge One-foot upright spin, optional free foot position
Free skate 1	Advanced forward stroking – 4-6 consecutive strokes Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside edges Scratch spin from backward crossovers Waltz jump from backward crossovers Half flip jump
Free skate 2	Forward outside spiral - R or L, and a forward inside spiral - R or L Waltz Three's- R or L Beginning back spin- entry optional Waltz jump, side toe hop, waltz jump series Toe loop jump

Free skate 3	Forward crossovers in a figure 8 Advanced forward outside swing rolls - 4-6 consecutive Back spin Salchow jump Waltz jump/toe loop or Salchow/toe loop
Free skate 4	Spiral sequence, FI spiral, FI Mohawk, BO spiral, clockwise or counter clockwise Forward power 3's, 2-3 consecutive sets - R or L Sit spin Loop jump Waltz jump/loop jump

Free skate 6	Camel, sit spin combination - minimum of 4 revolutions total
Free skate 5	Spiral Sequence, FO Spiral, forward outside 3 turn, one backward crossover, backward inside spiral
	Camel spin Forward upright spin to back upright spin Loop/loop jump Flip jump
Free skate 6	Five step Mohawk sequence – 1 set alternating pattern Camel, sit spin combination - minimum of 4 revolutions total Split jump or stag jump Waltz jump, 1/2 loop, salchow combination Lutz jump
Adult 1	Forward Swizzles 4-6 in a row Backward Swizzles 4-6 in a row Forward 1-foot glide R&L Two foot turn in place Snowplow stop
Adult 2	Forward Crossovers, clockwise and counter clockwise Moving 2-foot turn on a curve both directions Backward 1-foot glide R or L Forward Pivot
Adult 3	Inside Mohawk either direction Backward crossovers, clockwise and counter clockwise Basic forward outside and forward inside edges – 4-6 consecutive Two-foot spin – entry optional
Adult 4	Forward Outside 3-Turns R&L Forward Inside 3-Turns R&L Perimeter stroking with crossover end pattern Power 3-turns one direction only, set of 3

**** Please Note: For all Snowplow Sam 1- Basic 8 Elements events, the elements MUST be skated in the order listed.**

Required Element Descriptions for Programs with Music

Snowplow Sam through Basic 8 and Adult 1-4 are the same elements as in the Elements/Compulsory Programs event – Freeskate 1 through Freeskate 6 are as below

Level	Description
Free skate 1	Advanced forward stroking – 4-6 consecutive strokes Scratch spin from backward crossovers Waltz jump from backward crossovers Half flip jump
Free skate 2	Forward outside spiral - R or L Beginning back spin- entry optional Waltz jump, side toe hop, waltz jump series Toe loop jump
Free skate 3	Forward crossovers in a figure 8 Back spin Salchow jump Waltz jump/toe loop or Salchow/toe loop
Free skate 4	Forward power 3's, 2-3 consecutive sets - R or L Sit spin Loop jump Waltz jump/loop jump
Free skate 5	Camel spin Forward upright spin to back upright spin Loop/loop jump Flip jump

Free skate 6	Camel, sit spin combination - minimum of 4 revolutions total Split jump or stag jump Waltz jump, 1/2 loop, salchow combination Lutz jump
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FACILITIES

All events will be skated on one ice surface at the Pueblo Plaza Ice Arena. The ice surface is an indoor surface with rounded corners, measuring 85 X 200 feet. The Snack Bar will be open during the competition.

LIABILITY

The U.S. Figure Skating and the clubs or organizers of competitions undertake no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, the U.S. Figure Skating, the club hosting the competition and against its officers, and their entries shall be accepted only on such condition.

REGISTRATION

The registration desk will be located in the lobby of the Pueblo Plaza Ice Arena and should open at 4:00 p.m. on Thursday, February 11, 2010 and about 7:00 a.m. Friday through Sunday, closing about 7:00 p.m. daily. All entrants must check in during the allotted times. Failure to do so could result in a competitor being ineligible to compete. Please be prepared to provide a telephone number where you (skater) can be reached in case of schedule changes outside the normal 45 minute pre-arrival period.

OFFICIAL BULLETIN BOARD

An Official Bulletin Board will be maintained at the Arena. The Official Schedule will be posted as well as the Practice Schedules. It is the responsibility of each competitor, coach and parent to check the Bulletin Board for official information. Any corrections to the schedule or other unique situations will be posted on this board. Skaters must arrive at least 45 minutes prior to their event. Events could start as much as 20 minutes earlier to their scheduled time.

Host Hotel

The official hotel for the competition is the **Marriott Hotel**, 110 West 1st Street 719-542-3200. Exit 98B, located just one block from the ice arena. Amenities include: Indoor pool, health club and restaurant. Reservations must be made by January 31, 2010 to be guaranteed these rates. Please mention "Colorado Midwinter Invitational" when making reservations. Any special requests such as "roll away" should be made at the time of reservations.

Refund Policy

There are no refunds given once the entry has been submitted and entrant registered per USFS policies. The Competition Committee reserves the right to limit the entries for each event or to cancel an entire event due to time constraints. Entries will be processed on a

"First Come, First Served" basis. **ANY RETURNED CHECKS WILL BE CHARGED A \$25.00 SERVICE CHARGE.**

Awards

Awards will be presented each day as close as possible to the conclusion of the event. Check the Official Bulletin Board for schedule of times. **Medals will be awarded to the top four (4) places and ribbons given to the rest of the places in Basic Skills.**

Practice Ice

Practice Ice will be available on Thursday, February 11, 2010, but may be scheduled on another day or time depending on your competition schedule. The charge for each pre-arranged session (fill out practice ice form) will be \$15.00 and each competitor will be guaranteed at least one session. Additional Practice Ice will be available throughout the competition on a first come first served basis at the Registration Desk located in the lobby of the Pueblo Plaza Ice Arena. Due to limited space, **NO CHANGES WILL BE MADE IN THE PRACTICE ICE SCHEDULE BY THE PRACTICE ICE COMMITTEE.** We will do everything we can to provide adequate ice, but be aware that we have one ice surface and practice ice is limited to the day before the competition, and early morning/evening hours (as early as 5:00 am and as late as 11:00 pm). Please mail fees for practice ice to Practice Ice Chair, PO Box 162, Pueblo, CO 81002. **Practice Ice Sessions are Not Refundable.**

Music

All competitors must provide their own music on CD only. CD's must be CD-R or CD-RW. **No cassette tapes will be accepted.** All music must be plainly marked with competitor's name and event. A backup must be readily available. CD's may be picked up at the conclusion of each event. The Music Committee will take all reasonable precautions to safeguard your music; however, the committee will not accept responsibility for accidental damage.

PHOTOGRAPHY/ VIDEO ON ICE/MEDAL ENGRAVING/HAIR STYLIST

Immediately after the awards presentations, professional photographs will be available for purchase. Local Motions will provide photography and DVDs for purchase. Please be aware there is a **No Personal Cameras** policy in place near the backdrops used for official photos. Spectators will be allowed to take photographs on the ice but are reminded that **flash photography is dangerous to the skaters while they are performing and will not be allowed.** Medal engraving and hair stylist will also be available on site - times of operation will be posted.

ENTRIES AND FEES

Entry and practice ice fees must accompany the complete approved entry application.

Basic Skills

1 st Event	\$40.00
Additional Events	\$15.00

**Official Entry Form
2010 USFS Skate Colorado Basic Skills Series
Colorado Midwinter Invitational**

Competitor's Name:

Sex: M F

DOB: _____

US Figure Skating #

Address:

City: _____

State: _____

Zip:

Telephone: (H) _____

(C) _____

Email: _____

Skating School

Name: _____

Highest Basic Skills Level Passed: _____

Elements and Compulsory

- o SnowPlow Sam
- o Basic 1
- o Basic 2
- o Basic 3
- o Basic 4
- o Basic 5
- o Basic 6
- o Basic 7
- o Basic 8
- o Freeskate 1
- o Freeskate 2
- o Freeskate 3
- o Freeskate 4
- o Freeskate 5
- o Freeskate 6
- o Adult 1
- o Adult 2
- o Adult 3
- o Adult

Programs with Music

- o Snowplow Sam
- o Basic 1
- o Basic 2
- o Basic 3
- o Basic 4
- o Basic5
- o Basic 6
- o Basic7
- o Basic 8
- o Freeskate 1
- o Freeskate 2
- o Freeskate 3
- o Freeskate 4
- o Freeskate 5
- o Freeskate 6

- o Adult 1
- o Adult 2
- o Adult 3

COMPETITOR/PARENT/GUARDIAN STATEMENT: I understand that this entry must be in the hands of the committee by December 31, 2009 and I have read the announcement and understand the rules and policies listed within. The competition committee reserves the right to limit the number of entries accepted or cancel an event due to time constraints. The undersigned agrees to hold harmless the US Figure Skating and Pueblo Figure Skating Club, Pueblo Plaza Ice Arena and their employees and agents from any loss, damage, and/or injury that may be sustained by the entrant in any manner while participating in any of the activities of said competition. If this entry is incomplete, I will accept a collect phone call to complete my entry. **A parent or guardian must sign this release if entrant is under 21 years of age.**

Competitor's Signature _____

Parent or Guardian's Signature _____

COACH'S/SKATING SCHOOL DIRECTOR CERTIFICATION: I have read this entry form and certify that it is complete and that the skater is eligible to enter the events as listed in the application.

Coach's Signature _____

Coach USFS # _____

Coach Phone number: _____

Coach's Address: _____

Coach's Email: _____

Deadline: Entries must be received by December 31, 2009.

Applications must be entirely completed or entry will be returned. Include complete entry form, practice ice reservations, payment, and stamped self-addressed envelope if you don't have internet access.

Make checks payable to: **2010Colorado Mid-Winter Invitational/PFSC**
 Mail checks and all forms to: Pueblo Figure Skating Club
 Attention: Dalene Perdue
 P.O. Box 162
 Pueblo, CO 81002

Entry Fees Form – U.S. Figure Skating Skate Colorado Basic Skills Competition Series

	Fees	# of Events	Total Costs
Basic Skills Events			
First	40.00		
Event			
Additional	15.00		
Event			

Practice Ice Fee		Transfer from practice ice form	=
Late Fee if after December 30, 2009	30.00		=
Total Amount Due			=

All entries must be postmarked on or before December 31, 2009 in accordance with Rule #3235.

Please use the U. S. Postal Service to guarantee that we receive your entry form. Late entries will be accepted in accordance with Rule #3231 as stated in the U.S. Figure Skating Rulebook, at the discretion of the Chief Referee, AND ONLY IF ACCOMPANIED BY A \$30.00 LATE FEE. Incomplete entries may warrant a collect telephone call from the Competition Committee to obtain the needed information. Absolutely no entry fee will be refunded.

2010 COLORADO MID-WINTER INVITATIONAL

PRACTICE ICE FORM

Official practice ice for the 2010 Mid-Winter Invitational will be available at the Pueblo Plaza Ice Arena. Practice Ice will be available on February 11, 12, 13, and 14 for the cost of \$15.00 per 30 minute session payable in advance. Each competitor is guaranteed at least one session. Additional practice ice may be available throughout the Competition on a first come, first served basis. We will do everything we can to provide adequate practice ice, but be aware that we have one ice surface and practice ice is limited to the day before the competition and early morning/evening hours (as early as 5:00 am and as late as 11:00 pm).

PRACTICE ICE CHARGES ARE NON REFUNDABLE AND NON TRANSFERABLE.

NAME OF SKATER: _____

ADDRESS: _____ CITY _____

STATE _____ ZIP _____

PHONE:
(Home) _____ **Cell:** _____ **Work:** _____

EMAIL Address: _____

I am requesting ice prior to the following event(s). Please indicate the event(s) for which you wish to purchase ice and the level at which you will be competing.

EVENT	LEVEL ENTERED	TIME ASSIGNED (to be filled out by the P.I. Committee)
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Compulsory Moves		
Free Skate		

OF PRACTICE ICE SESSIONS AT \$15.00 EACH _____

TOTAL AMOUNT ENCLOSED: _____

Please make check payable to Pueblo Figure Skating Club Practice Ice. Returned checks will be charged a \$25.00 fee. Mail practice ice form postmarked no later than December 30, 2009 to:

Practice Ice Chair
PO BOX 162
Pueblo, CO 81002