

2010 Colorado Midwinter Invitational and Follies  
And USFS Skate Colorado Basic Skills Series

Feb 12 - 14 2010  
Pueblo Plaza Ice Arena  
100 North Grand Ave  
Pueblo, CO 81003

**Sponsored by:**

Pueblo Figure Skating Club  
Official Website: [pueblofsc.com](http://pueblofsc.com)

**Sanctioned by:**

**Chief Referee: Michelle Zeles-Hahn**  
**Chief Accountant: Dawn Thompson**

**2010 COLORADO MID-WINTER INVITATIONAL  
AND BASIC SKILLS COMPETITION  
FEBRUARY 12, 13, & 14, 2010**

The 2010 Colorado Mid-Winter Invitational Figure Skating Competition will be conducted under the rules of the U. S. Figure Skating as set forth in the 2009/2010 Official U.S. Figure Skating Rule Book and will be judged using the Paper IJS and 6.0 system with IJS Critiques for Juvenile through Senior levels

(single and short programs).

### **FACILITIES**

All events will be skated on one ice surface at the Pueblo Plaza Ice Arena. The ice surface is an indoor surface with rounded corners, measuring 85 X 200 feet. The Snack Bar will be open during the competition.

### **LIABILITY**

The U.S. Figure Skating and the clubs or organizers of competitions undertake no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, the U.S. Figure Skating, the club hosting the competition and against its officers, and their entries shall be accepted only on such condition.

### **REGISTRATION**

The registration desk will be located in the lobby of the Pueblo Plaza Ice Arena and should open at 4:00 p.m. on Thursday, February 11, 2010 and about 7:00 a.m. Friday through Sunday, closing about 7:00 p.m. daily. All entrants must check in during the allotted times. Failure to do so could result in a competitor being ineligible to compete. Please be prepared to provide a telephone number where you (skater) can be reached in case of schedule changes outside the normal 45 minute pre-arrival period. .

### **OFFICIAL HOTEL**

The official hotel for the competition is the **Marriott Hotel**, 110 West 1<sup>st</sup> Street 719-542-3200. Exit 98B, located just one block from the ice arena. Amenities include: Indoor pool, health club and restaurant. Reservations must be made by January 31, 2010 to be guaranteed these rates. Please mention "Colorado Midwinter Invitational" when making reservations. Any special requests such as "roll away" should be made at the time of reservations.

### **OFFICIAL BULLETIN BOARD**

An Official Bulletin Board will be maintained at the Arena. The Official Schedule will be posted as well as the Practice Schedules. It is the responsibility of each competitor, coach and parent to check the Bulletin Board for official information. Any corrections to the schedule or other unique situations will be posted on this board. Skaters must arrive at least 45 minutes prior to their event. Events could start as much as 20 minutes earlier to their scheduled time.

### **MUSIC**

**All competitors must provide their own music on CD only.** CD's must be CD-

R or CD-RW. [No cassette tapes will be accepted](#). All music must be plainly marked with competitor's name and event. A backup must be readily available. CD's may be picked up at the conclusion of each event. The Music Committee will take all reasonable precautions to safeguard your music; however, the committee will not accept responsibility for accidental damage.

### **AWARDS**

Awards will be presented each day as close as possible to the conclusion of the event. Check the Official Bulletin Board for schedule of times. **Medals will be awarded to the top four (4) places in each event, Pre-Juvenile and above. Medals will be awarded to the top four (4) places and ribbons given to the rest of the places in Basic Skills, Pre-Preliminary, and Preliminary.**

### **PHOTOGRAPHY/ VIDEO ON ICE/MEDAL ENGRAVING/HAIR STYLIST**

Immediately after the awards presentations, professional photographs will be available for purchase. Local Motions will provide photography and DVDs for purchase. Please be aware there is a **No Personal Cameras** policy in place near the backdrops used for official photos. Spectators will be allowed to take photographs on the ice but are reminded that **flash photography is dangerous to the skaters while they are performing and will not be allowed.** Medal engraving and hair stylist will also be available on site - times of operation will be posted.

### **JUDGING**

International Judging System: The IJS Paper System will be used for Juvenile through Senior level freeskating (singles) and Juvenile through Senior singles short programs only events. All competitors skating in these events need to submit the **Program Content Form** attached along with their entry form or fill out the form online. The forms is found at HYPERLINK "<http://www.usfigureskating.org>" [www.usfigureskating.org](http://www.usfigureskating.org) in the member's only section, HYPERLINK "<https://www.usfsaonline.org/Events/CompProfile.asp>" <https://www.usfsaonline.org/Events/CompProfile.asp>. The deadline to submit the form is the entry deadline. In addition PFSC is offering a Competitive Test Track for those who wish to do the 6.0 system Juvenile thru Seniors.

### **ELIGIBILITY AND EVENTS**

This competition is open to all eligible members of the U. S. Figure Skating. Competition level is the highest test passed as of the entry deadline. Skaters may skate up one level higher than tested. Skaters that have never tested previously may also move up one level and compete at the pre-preliminary level. Competitors may not skate down at a level lower than what they are qualified, nor may they compete in more than one level in each event. Pre-preliminary, Preliminary, and Pre-Juvenile will be grouped according to age.

Juvenile and up will be grouped as set forth in the 2010 Rulebook. The Chief Referee and Competition Committee may also elect to combine men's and ladies' events due to limited entries in any event. All adult events are for skaters 21 years of age and older, except those events listed as Young Adult where the age requirement is 18-20 years of age. Event eligibility is as of December 31, 2009. Age restricted events are determined by the skater's age as of December 31, 2009. All competitors must comply with U.S. Figure Skating requirements relating to testing and eligibility.

### **ENTRIES**

Entry and practice ice fees must accompany the complete approved entry application.

#### **Entry Fees**

##### **Beginners Follies and Basic Skills**

1 <sup>st</sup> Event	\$40.00
Additional Events	\$15.00

##### **Midwinter Invitational**

1 <sup>st</sup> Event – <b>All IJS Events</b>	\$90.00
Each additional IJS event	35.00

1 <sup>st</sup> Event - <b>All 6.0 Events</b>	\$85.00
Each Additional Event	\$30.00

##### **Artistic and Artistic Duets**

1 <sup>st</sup> and only Event Fee	\$40.00 per skater
If additional event	\$30.00 per skater

Since the number of entries is limited, the Competition Committee reserves the right to limit the entries for each event or to cancel an entire event due to time constraints. Entries will be processed on a "First Come, First Served" basis. **ANY RETURNED CHECKS WILL BE CHARGED A \$25.00 SERVICE CHARGE.**

Practice Ice will be available on Thursday, February 11, 2010, but may be scheduled on another day or time depending on your competition schedule. The charge for each pre-arranged session (fill out practice ice form) will be \$15.00 and each competitor will be guaranteed at least one session.

Additional Practice Ice will be available throughout the competition on a first come first served basis at the Registration Desk located in the lobby of the Pueblo Plaza Ice Arena. Due to limited space, **NO CHANGES WILL BE MADE IN THE PRACTICE ICE SCHEDULE BY THE PRACTICE ICE COMMITTEE.** We will do everything we can to provide adequate ice, but be aware that we have one ice surface and practice ice is limited to the day before the competition, and early morning/evening hours (as early as 5:00 am and as late as 11:00 pm). Please mail fees for practice ice to Practice Ice Chair, PO Box 162, Pueblo, CO 81002. **Practice Ice Sessions are Not Refundable.**

### **FREESKATE**

Competition for Pre-Preliminary through Senior Free Skating and Adult Bronze through Adult Masters Free Skating will be set forth in the 2009/2010 Rulebook. Test, age, and well-balanced program requirements are listed in the 2009/2010 Rulebook – sections 3600 to 3800.

#### **Criteria for Free Skate Events and Levels (Well-balanced versus Test Track)**

<b>Level</b>	<b>Well-balanced Program Per Rulebook 2008/2009</b>	<b>Test Track Rule 3720</b>	<b>Program Time</b>
<b>Limited Pre-Preliminary</b>  Under 13	As set forth in 2009/2010 Rulebook – section 3710. No axels or double jumps allowed. Jumped and flying spins are not allowed. Open to skaters who have passed pre-preliminary free skate test and no higher.	See Pre-Preliminary.	1:30 +/- 10 sec

<p><b>Preliminary</b></p> <p>Under 13</p> <p><b>Open Preliminary</b></p> <p>Under 13</p> <p>13 – 18 yrs.</p>	<p>As set forth in 2009/2010 Rulebook – section 3700. Axels and double jumps are allowed. Skaters may not have passed Open skaters tests have passed USFS preliminary free skate test. Skaters may not have passed higher than the preliminary free skate test.</p>	<p>At least two spins of different nature (combinations, spins), revolutions, each jump so flying (ms), Axels, with not combinations or sequences using Axels, waltz jump, combinations and Sequences are allowed. Maximum 5 steps should be demonstrated. Completing the program and steps should have passed tests higher than USFS pre-preliminary free skate test.</p>	<p>1:30 +/- 10 sec</p>

<p><b>Preliminary</b> Under 13</p> <p><b>Open Preliminary Juvenile</b> 13 – 18 yrs. 13-18 yrs</p>	<p>As set forth in 2009/2010 Rulebook – section 3600. Axel and double jumps allowed. Skaters may not have passed tests at least the USFS preliminary free skate test but may not have passed higher than the preliminary free skate test.</p>	<p>At least two spins of a different nature, combinations spins allowed (min 3 revolutions each and no flying spins), jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program. Skaters may not have passed tests at least the USFS pre-preliminary free skate test but may not have passed higher than the preliminary free skate test.</p>	<p>1:30 +/- 10 sec</p>

<p><b>Pre-Juvenile</b> Under 13</p> <p><b>Open Juvenile</b> <b>Open Pre-Juvenile</b> 13-18 yrs</p>	<p>As set forth in 2009/2010 Rulebook – section 3690. Skaters must be able to perform jumps and spins. Skaters must have passed the USFS preliminary free skate test but may not have passed higher than the pre-juvenile free skate test</p>	<p>Three spins in any position (min 4 revolutions), one must be a combination spin with change of foot optional (min 3 revolutions one each foot or 6 total revolutions and no flying spins). Jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 6 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice service. Skaters must have passed tests at least the USFS preliminary free skate test but may not have passed higher than the pre-juvenile free skate test.</p>	<p>2:00 +/- 10 sec</p>
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<p><b>Intermediate</b></p> <p>Under 13</p> <p><b>Open Juvenile</b></p> <p>13-18 yrs.</p>	<p>As set forth in 2009/2010 Rulebook – section 3670. Skaters must have passed tests at least the USFS juvenile free skate test but may not have passed higher than the juvenile free skate test.</p>	<p>Three spins in any position (min 4 revolutions), one must be a combination spin with one change of foot (min 4 revolutions on each foot). May include flying spins. Any single jumps and jump combinations with not more than 1 ½ rotations. (Axel permitted). Maximum 6 jumping elements. One step sequences straight line, circular, or serpentine fully utilizing ice surface. Skaters must have passed tests at least the USFS pre-juvenile free skate test but may not have passed higher than the juvenile free skate test.</p>	<p>2:15 +/- 10 sec</p>

<p><b>Intermediate</b></p>	<p>As set forth in 2009/2010 Rulebook – section 3670. Skaters must have passed tests at least the USFS juvenile free skate test but may not have passed higher than the intermediate free skate test.</p>	<p>Three spins in any position (minimum 4 revolutions), one must be a combination spin with at least one change of foot (minimum 4 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double Salchow and the double toe loop. Jump combinations and sequences are allowed. Maximum of 6 jumping elements. One step sequence straight-line, circular, or serpentine fully utilizing ice surface. Skaters must have passed tests at least the USFS juvenile free skate test but may not have passed higher than the intermediate free skate test.</p>	<p>2:30 +/- 10 sec</p>
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<p><b>Novice</b></p>	<p>As set forth in 2009/2010 Rulebook – section 3650. Skaters must have passed tests at least the USFS intermediate free skate test but may not have passed higher than the novice free skate test.</p>	<p>Three spins in any position (minimum 6 revolutions), one must be a combination spin with at least one change of foot (minimum 5 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only include double Salchow, double toe loop and the double loop. Jump combinations and sequences are allowed. Maximum of 7 jumping elements. One step or spiral sequence (see Rule 3640 for description). Skaters must have passed tests at least the USFS intermediate free skate test but may not have passed higher than the novice free skate test.</p>	<p>Ladies: 3:00 +/- 10 sec</p> <p>Men: 3:30 +/-10 sec</p>

<p><b>Junior</b></p>	<p>As set forth in 2009/2010 Rulebook – section 3650. Skaters must have passed tests at least the USFS novice free skate test but may not have passed higher than the junior free skate test.</p>	<p>Three spins – one must be flying spin, a solo spin (minimum 6 revolutions each) and a combination spin consisting of three positions and one change of foot (2 revolutions in each position and minimum 5 revolutions on each foot). Any single jumps and double jumps may only include double Salchow, double toe loop, double loop and the double flip. Jump combinations and sequences are allowed. Maximum of 8 jumping elements for men and 7 for ladies. One step and one spiral sequence for ladies and two different step sequences for men (see Rule 3640 for description). Skaters must have passed tests at least the USFS novice free skate test but may not have passed higher than the</p>
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<p><b>Young Adult – Bronze</b> 18-20 yrs</p>	<p>As set forth in 2009/2010 Rulebook – sections 3650-3655. Skaters must have passed tests at least the USFS junior free skate test.</p>	<p>Four spins (minimum 6 revolutions on solo spins), one must be a flying spin, one solo spin combination consisting of three positions and one change of foot (2 revolutions in each position and minimum 5 revolutions on each foot). At least four different double jumps, one must be a double Lutz. Jump combinations and sequences are allowed. Maximum of 8 jumping elements for men and 7 for ladies. One step and one spiral sequence for ladies and two different step sequences for men (see Rule 3640 for description). Skaters must have passed tests at least the USFS junior free skate test.</p>	<p>Ladies: 4:00 +/- 10 seconds</p> <p>Men: 4:30 +/- 10 seconds</p>

<p><b>Young Adult – Bronze</b> 18-20 yrs 21 years and over</p>	<p>As set forth in 2009/2010 music Rulebook – choice. Maximum jump 3700-3800 for Adult of same level. No axels or double jumps. Open to skaters who have passed up to Preliminary free skate and no higher.</p>		<p>1:40</p>
<p><b>Young Adult – Silver</b></p>	<p>As set forth in 2009/2010</p>		
<p>18-20 yrs</p>	<p>Rulebook – sections 3700-3800 for Adult of same level. No doubles allowed. Open to skaters who have passed Pre-Juvenile free skate test and no higher</p>		<p>2:10</p>
<p><b>Young Adult – Gold</b>  18-20 yrs</p>	<p>As set forth in 2009/2010 Rulebook – sections 3700-3800 for Adult of same level. Axel and double jumps allowed. Open to skaters who have passed juvenile free skate test and no higher</p>		<p>2:40</p>

<p><b>Adult – Gold Bronze</b> 21 years and over</p>	<p>As set forth in 2009/2010 music Rulebook – choice. Maximum jump 3700-3800. half Open to skaters revolutions permitted, no axels or double jumps allowed. Open to adult</p>		<p>1:40</p>
	<p>skaters who have passed no USFS tests or no higher than Adult Pre- Bronze free skate test only.</p>		
<p><b>Adult – Bronze</b>  21 years and over</p>	<p>As set forth in 2009/2010 Rulebook – sections 3700-3800. Open to skaters who have passed Adult Bronze or standard Preliminary free skate test and no higher.</p>		<p>1:50</p>
<p><b>Adult – Silver</b>  21 years and over</p>	<p>As set forth in 2009/2010 Rulebook – sections 3700-3800. Open to skaters who have passed Adult Silver or juvenile free skate test and no higher.</p>		<p>2:10</p>

<p><b>Adult – Gold</b></p> <p>21 years and over</p>	<p>As set forth in 2009/2010 Rulebook – sections 3700-3800. Open to skaters who have passed Adult Gold or juvenile free skate test and no higher.</p>		<p>2:40</p>
<p><b>Adult Masters</b></p> <p>21 years and over</p>	<p>As set forth in 2009/2010 Rulebook – sections 3700-3800. Open to skaters who have passed Adult Gold or intermediate free skate test.</p>		<p>3:10 Interm Novice</p> <p>3:40 JR/SR</p>

**SHORT PROGRAM (SINGLES)**

Test and age requirements are listed under Freeskating above. Intermediate, Novice, Junior, and Senior competitors- please see the current rulebook, rules 3640 to 3680, and/or May Governing Council reports, for required elements (2010/2011 season). A Juvenile and Open Juvenile Short Program will be offered and will consist of the same requirements as the Intermediate Short Program so that all Juvenile competitors will be competing with skaters of similar age and abilities.

**COMPULSORY MOVES**

Test and age requirements are listed under Free Skating. Additional moves will be penalized. Combination jumps may not have a change of foot or turn between jumps. Committee reserves the right to combine female and male entrants to make events.

P r e - P r e l i m i n a r y :

Salchow, forward spiral, loop, one foot spin (minimum 4 revolutions), connecting steps. Half ice. Skating time: 1 minute (maximum) No music.

P r e l i m i n a r y / O p e n

P r e l i m i n a r y :

Flip jump, jump combination consisting of two single jumps (no change of foot and no turn in between), sit spin (minimum 4 revolutions), forward spiral or Ina Bauer, connecting steps. Flip jump should not be part of jump combination. An axel is considered a single jump. Half ice. Skating time: 1 minute (maximum). No music.

P r e - J u v e n i l e / O p e n

P r e - J u v e n i l e :

Lutz jump, jump combination consisting of two single jumps (no change of foot and no turn in between). Combination spin, (minimum 6 revolutions, no change of foot), Spread Eagle, Ina Bauer or forward spiral and connecting steps. An axel is considered a single jump. Half ice. Skating time: 1 minute 30 seconds (maximum). No music.

J u v e n i l e / O p e n - J u v e n i l e :

Axel, jump combination consisting of a double-single or single-double jump combination (no change of foot and no turn in between). Combination spin with one change of foot and no change of position (minimum eight revolutions), and a straight line footwork sequence. Skating Time: 1 ½ minutes (maximum). Full ice. No Music.

Young Adult & Adult:

Salchow, forward spiral, half flip, one foot scratch spin with no change of position (minimum four revolutions) and connecting steps. Skating Time: 1 ½ minute (maximum). Half ice. No music.

### **SPIN COMPETITION**

Entrants will be qualified according to their Freeskate level. Spins must be skated exactly as stated, but may be performed in any order. Connecting steps may be used but will have no effect on your score. All levels will be skated on ½ of the ice surface with no music. Committee reserves the right to combine male and female entrants in order to make events.

P r e - P r e l i m i n a r y :

One foot spin, optional free leg (3 revolutions); two foot spin (3 revolutions); forward sit spin (3 revolutions). Duration – 1 minute maximum.

P r e l i m i n a r y / O p e n

P r e l i m i n a r y :

Forward scratch spin (5 revolutions); forward sit spin (3 revolutions); forward camel spin (3 revolutions). Duration – 1 minute maximum.

P r e - J u v e n i l e / O p e n

P r e - J u v e n i l e :

Camel spin (4 revolutions); change of foot sit spin (4 revolutions each foot); front scratch to back scratch (4 revolutions each foot). Duration 1 ½ minutes maximum.

J u v e n i l e / O p e n

J u v e n i l e :

One combination spin with one change of foot and no change of position (4 revolutions each foot); forward sit spin (5 revolutions); forward camel spin (5 revolutions) Duration 1 ½ minutes maximum..

I n t e r m e d i a t e :

Flying camel (5 revolutions); combination spin with one change of foot and one change of position (5 revolutions each foot, 10 revolutions total); Ladies: layback spin (5 revolutions); Men: camel spin (5 revolutions). Duration 1 ½ minutes maximum.

N o v i c e :

Forward camel to back camel combination spin (5 revolutions each foot); combination spin with one change of foot and one change of position (5 revolutions each foot, 10 revolutions total); Ladies: lay back spin (6 revolutions); Men: crossfoot spin (6 revolutions). Duration 1 ½ minutes maximum.

J u n i o r :

Flying sit spin or flying change sit spin (8 revolutions); combinations spin with one change of foot and two change of positions (6 revolutions each

foot, 12 revolutions total); Ladies: layback spin (8 revolutions); Men: crossfoot spin (8 revolutions). Duration 1 ½ minutes maximum.

S e n i o r :

Flying spin of choice (8 revolutions); combination spin with two changes of position and one change of foot (6 revolutions each foot, 12 revolutions total); solo spin of skater's choice (8 revolutions). Duration 1 ½ minutes maximum.

A d u l t                      a n d                      Y o u n g                      A d u l t :

Forward sit spin (3 revolutions); spin combination with either one change of foot or one change of position (6 revolutions total); solo spin of skater's choice (4 revolutions). Duration 1 ½ minutes maximum.

### **JUMPS ONLY EVENT**

Entrants will qualify according to their freeskating level. Pre-Preliminary through Pre-Juvenile will be skated on half ice. All other levels will skate on full ice. Jumps should be performed exactly as stated. Skaters will be given two opportunities to perform each jump and will be judged on the best one. The following format will be used for this event: the first skater will take the ice and attempt the first jump twice, pause then attempt the second jump twice before going to the next skater. This procedure will be repeated throughout the event. Maximum time is two minute for Pre-Preliminary through Intermediate and three minutes for Novice through Senior.

PrePreliminary                      Salchow; combination of any two single jumps  
(No axels)

Preliminary                      Loop; combination of any two single jumps

PreJuvenile                      Axel; combination of any double jump with a toe loop

Juvenile  
jump                      Axel; combination of any double jump with a loop

Open Juvenile                      Axel; combination of any double jump with a  
loop jump

Intermediate Axel; double flip; combination of any two double jumps

Novice Double loop; double lutz; combination of any two double jumps or a triple jump with a double jump

Junior Double axel; combination of any two double jumps or a triple jump with a double or a triple- triple combination; any double jump or triple jump out of footwork

Senior Double or triple axel; combination of any two double jumps or a triple jump with a double jump or a triple-triple combination; any triple or quad jump out of footwork

### **ARTISTIC FREE SKATE**

Artistic Free Skate is offered to those competitors Pre-Preliminary and above. Emphasis is to be on artistry rather than the athletic ability of the skater. Skaters will select their own music and must interpret the theme and tempo of the music. Costumes are encouraged but must comply with the costume rules of Rule 3550. Vocal music is permitted. Only props that are part of the theme of the music and not a safety hazard will be allowed. Competitors should take no more than 20 seconds after their names are announced to place or carry props on the ice. There also should be no debris, no live props, and no fire or water (this includes dry ice). This is a "FUN" event...we encourage everyone to participate. Committee reserves the right to combine male and female entrants in order to make events.

Skating Time: Pre-Preliminary – 1 minute 40 seconds maximum,  
No axels, no doubles

Preliminary and Pre-Juvenile – 1 minute 40 seconds maximum, No axels, no doubles

Juvenile, 2 minute 10 seconds maximum, Axels, no doubles

Intermediate and Novice – 2 minutes 10 seconds maximum, Axels & doubles

Junior and Senior – 2 minutes 40 seconds maximum, No triples

## Elements :

Skating will be judged solely on artistic value. Levels may be combined at the discretion of the Chief Referee to make a competition. Technical skill not marked; however, skating will be the major element of performance.

### **ADULT ARTISTIC FREESKATE**

**Competition for Adult Artistic and Adult Masters Artistic will be held as set forth in the 2009/2010**

**Rulebook.** Test, age, and program requirements are listed under section 3810-3821. No props allowed on the ice. The Chief Referee and Competition Committee may elect to combine men's and ladies events as well as Adult and Young Adult events due to limited entries.

Exceptions to the rulebook are:

#### **Level Max Duration Requirements**

**Young Adult** 2 min 10 sec max Age 18-20 - No higher than the Pre-Juvenile Free Skate test and no higher than the Standard Pre-Silver Dance Test

**Young Adult Masters** 1 min 40 sec max Age 18-20 - Juvenile Free Skate test and above or the Standard Silver Dance Test and above

#### **NATIONAL SHOWCASE 2010: A COMPETITION IN THEATRICAL SKATING:**

Singles competitors who place 1<sup>st</sup> through 4<sup>th</sup> in a singles artistic event may qualify for National Showcase 2010. Eligible skaters will have placed 1<sup>st</sup> through 4<sup>th</sup> as previously described and will have passed the Preliminary Free Skating test and above OR completed requirements for Adult Interpretive Free Skating and above. Duets and Ensembles need not qualify by placement for National Showcase. Please contact Melissa Bowman (email [HYPERLINK "mailto:patinage\\_tx@verizon.net" \o "mailto:patinage\\_tx%40verizon.net" patinage\\_tx@verizon.net](mailto:patinage_tx@verizon.net), phone 972-208-2852), Vice Chair for National Showcase.

### **ARTISTIC FREE SKATE – DUETS**

No test requirements. Emphasis is to be on artistry and theater rather than the athletic ability of the skaters. Skaters will select their own music (vocals allowed) and must interpret the theme and tempo of the music. No double jumps allowed. Costumes are encouraged. Only props that are part of the theme of the music and not a safety hazard will be allowed. Competitors should

take no more than 10 seconds after their names are announced to place or carry props on the ice. There also should be no debris, no live props, and no fire or water. All skating duets will be grouped together. Skaters may be of the same gender. **Max Duration: Based on singles levels.**

### **ARTISTIC ENSEMBLES**

Two group types:

**Mini production:** (3-7 competitors) Time not to exceed 3min 10 seconds

**Production ensemble:** (8 – not to exceed 15 competitors) Time not to exceed 6 min 15 sec.

**Note: For duets, mini production, and production ensembles please supply names of partners and individual skaters in larger groups.**

## Beginner One

## BEGINNERS FOLLIES COMPETITION

The purpose of the Beginners Competition is to promote a fun competitive introduction into the sport of figure skating. Skaters do need to be members of the U.S. Figure Skating or the Ice Skating Institute (ISI). The competition is open to all beginner skaters who are either enrolled in a class program or private instruction. Skaters who have passed the Pre-Preliminary test or higher, or skaters who have entered the Colorado Midwinter Invitational at a Pre-Preliminary level in the past are **NOT** eligible.

### ENTRY FEES

The entry fee is \$40.00 for the first event and \$15.00 for each additional event. Make checks payable to: Pueblo Figure Skating Club. **Include a self-addressed stamped envelope (with skater's name on the outside) to obtain a schedule of your competition and practice ice times.**

Mail Entries To: [Beginners Follies Competition\(Chair\)](#)

[PO Box 162](#)

[Pueblo, Colorado 81002](#)

**All entries, including entry form and payment, must be postmarked on or before December 15, 2009. Late entries will be accepted at the discretion of the Chief Referee and only if accompanied by a \$30.00 late fee. Practice ice form must be mailed to the Practice Ice Chair, PO Box 162, Pueblo, CO 81002 (see separate form). Can be mailed with competition fees.**

DIVISION	COMPULSORY PROGRAM	FREESKATE
<b>Tots</b>		<b>45 secs max, half ice. To be skated in order</b>
Age 5 or under as of 12/15/2009	<b>listed. No stops between elements.</b> 1. Forward skating or marching (Min of 4) 2. Two-foot glide  3. Forward two-foot swizzles (Min of 4)  4. Snow plow stop (one or two foot permissible) 5. Backward wiggles (Min of 4) 6. Two-foot hop on the spot (standstill/no rotation)	Program is skated on full ice to music of skater's choice. <b>NO VOCAL MUSIC.</b> Program content is limited to elements listed in the Compulsory Program.  Program time: 1 min +/- 10 secs

<p><b>Beginner One</b> (Basic 1 and 2)</p> <p>Age 16 or under as of 12/15/2009</p>	<p><b>1 min. max, half ice. To be skated in order listed. No stops between elements.</b></p> <ol style="list-style-type: none"> <li>1. Forward skating or marching (Min of 4)</li> <li>2. Two-foot glide and dip</li> <li>3. Forward two-foot swizzles (Min of 4)</li> <li>4. One foot glide (either foot)</li> <li>5. Snowplow stop (one or two foot stop allowed)</li> <li>6. Two-foot hop on the spot (standstill/no rotation)</li> </ol>	<p>Program is skated on full ice to music of skater's choice. NO VOCAL MUSIC. Program content is limited to elements from compulsories for Tots or Beginner One.</p> <p>Program time: 1 min +/- 10 secs</p>
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DIVISION	COMPULSORY PROGRAM	FREESKATE
<p><b>Beginner Two</b> (Basic 3 and 4)</p> <p>Age 16 or under as of 12/15/2009</p>	<p><b>1 min. max, half ice. To be skated in order listed. No stops between elements.</b></p> <ol style="list-style-type: none"> <li>1. Forward stroking (Min of 4)</li> <li>2. Bunny hop</li> <li>3. Forward crossovers (both directions)</li> <li>4. Forward to backward two-foot turn on a circle (either direction)</li> <li>5. Backward two-foot swizzles (Min of 4)</li> </ol>	<p>Program is skated on full ice to music of skater's choice. NO VOCAL MUSIC. Program content is limited to elements from Beginner Two compulsory moves and below</p>

	6. Backward one-foot glide (on right and left foot)	Program Time: 1 min +/- 10 secs
<p><b>Beginner Three</b> (Basic 5 and 6)</p> <p>Age 16 or under as of 12/15/2009</p>	<p><b>1 min., half ice. To be skated in any order.</b></p> <p>1. Backward stroking (Min of 4)</p> <p>2. Backward crossovers (both directions)</p> <p>3. T-stop</p> <p>4. Two- foot spin</p> <p>5. Inside 3-turn (either foot)</p> <p>6. Forward Mohawk (either direction)</p>	<p>Program is skated on full ice to music of skater's choice. NO VOCAL MUSIC. Program content is limited to elements from Beginner Three Compulsory moves and below. Outside 3-turns are allowed.</p> <p>Program Time: 1 min +/- 10 secs</p>
<p><b>Beginner Four</b> (Basic 7 and 8)</p> <p>Age 16 or under as of 12/15/2009</p>	<p><b>1 min., half ice. To be skated in any order.</b></p> <p>1. Waltz jump</p> <p>2. Half-flip or Mazurka (skate only one)</p> <p>3. One-foot spin (free foot to skating knee only)</p> <p>4. Lunge</p> <p>5. Waltz 3's (3 sets on same foot)</p> <p>6. Forward straight line spiral (either foot)</p>	<p>Program is skated on full ice to music of skater's choice. NO VOCAL MUSIC. Jump content is limited to half rotation jumps (these may be repeated alone or in combination). Please note that half loop, toe loop, and salchow are considered full revolution jumps. One and two foot uprights spins are allowed.</p> <p>Program Time: 1 min +/- 10 secs</p>
<p><b>Beginner Five</b> (Free Skating 1 and 2)</p>	<p><b>1 min., 15 seconds, half ice. To be skated in any order.</b></p> <p>1. Connecting footwork (such as 3-turns,</p>	<p>Program is skated on full ice to music of skater's choice. NO VOCAL MUSIC. Jump content is limited to salchow jumps, toe-loop jumps, and half</p>

<p>Age 16 or under as of 12/15/2009</p>	<p>Mohawks, bunny hops, crossovers) 2. Forward outside spiral (either foot) 3. One foot spin (optional free foot)  4. Back inside pivot 5. Salchow jump 6. Waltz jump, falling leaf, half flip (from a Mohawk takeoff) combination</p>	<p>rotation jumps which may be repeated  alone or in combination. Upright and sit spins allowed with no change of foot or position.</p>
		<p>Program Time: 1 ½ min. +/- 10 secs</p>
<b>COMPULSORY PROGRAM</b>		<b>FREESKATE</b>
<p><b>Beginner Six</b>  (Free Skating 3 and 4)  Age 16 or under as of 12/15/2009</p>	<p><b>1 min., 15 seconds, half ice. To be skated in any order.</b> 1. Waltz jump/falling leaf/toe-loop jump combination  2. Forward inside spiral  3. Loop jump 4. Connecting steps (such as 3-turns, Mowhawks, bunny hops, crossovers, etc.) 5. Scratch spin  6. Salchow jump</p>	<p>Program is skated on full ice to music of skater's choice. NO VOCAL MUSIC. Up to 4 different single jumps are permitted and may be repeated alone or in combination. No lutzs, axels, or multi-revolution jumps are allowed. All one position spins are allowed, but no combinations.  Program Time: 1 ½ min. +/- 10 secs</p>
<p><b>Beginner Seven</b></p>	<p><b>1 min., 15 seconds, half ice. To be skated</b></p>	<p>Program is skated on full ice to music of</p>

<p>(Free Skating 5 and 6)</p>	<p><b>in any order.</b></p> <ol style="list-style-type: none"> <li>1. Waltz jump/ Half Loop/Salchow jump combination</li> <li>2. Loop jump</li> <li>3. Flip jump</li> </ol>	<p>skater's choice. NO VOCAL MUSIC. All single jumps except an axel are permitted, and may be repeated alone or in combination. Multi-revolution jumps are not allowed. No change of foot spins are</p>
<p>Age 16 or under as of 12/15/2009</p>	<ol style="list-style-type: none"> <li>4. Sit spin</li> <li>5. Forward outside or inside spiral</li> <li>6. Connecting steps (such as 3-turns, Mohawks, bunny hops, crossovers, etc.)</li> </ol>	<p>allowed.</p> <p>Program Time: 1 ½ min. +/- 10 secs</p>

**2010 COLORADO MID-WINTER INVITATIONAL**  
**PRACTICE ICE FORM**

Official practice ice for the 2010 Mid-Winter Invitational will be available at the Pueblo Plaza Ice Arena. Practice Ice will be available on February 11, 12, 13, and 14 for the cost of \$15.00 per 30 minute session payable in advance. Each competitor is guaranteed at least one session. Additional practice ice may be available throughout the Competition on a first come, first served basis.

We will do everything we can to provide adequate practice ice, but be aware that we have one ice surface and practice ice is limited to the day before the competition and early morning/evening hours (as early as 5:00 am and as late as 11:00 pm).

***PRACTICE ICE CHARGES ARE NON REFUNDABLE AND NON TRANSFERABLE.***

NAME OF SKATER: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY \_\_\_\_\_  
STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE: (Home) \_\_\_\_\_ Cell: \_\_\_\_\_  
Work: \_\_\_\_\_

EMAIL Address: \_\_\_\_\_

***I am requesting ice prior to the following event(s). Please indicate the event(s) for which you wish to purchase ice and the level at which you will be competing.***

EVENT	LEVEL ENTERED	TIME ASSIGNED (to be filled out by the P.I. Committee)
Compulsory Moves		
Free Skate		
Spins		
Jumps		
Artistic Free Skate		
Short Program		

**# OF PRACTICE ICE SESSIONS AT \$15.00 EACH** \_\_\_\_\_

**TOTAL AMOUNT ENCLOSED:** \_\_\_\_\_

***Please make check payable to Pueblo Figure Skating Club Practice Ice. Returned checks will be charged a \$25.00 fee. Mail practice ice form postmarked no later than December 15, 2009 to:***

Practice Ice Chair  
PO BOX 162  
Pueblo, CO 81002

**2009 Colorado Mid-Winter Invitational Competition – Official Entry form Page 1 of 3**

Deadline: Entries must be received by December 15, 2009

Make checks payable to **Pueblo Figure Skating Club** and mail complete entry form, practice ice reservations, payment, and stamped self-addressed envelope. (\$1 will be charged if no envelope is included.) to:  
Pueblo Figure Skating Club, Attention: Competition Chair, PO Box 162, Pueblo, CO 81002

Competitor's Name \_\_\_\_\_ USFSA # \_\_\_\_\_  
\_\_\_\_\_  
Sex \_\_\_\_\_ DOB \_\_\_\_\_ Home Club \_\_\_\_\_  
\_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
\_\_\_\_\_  
Zip \_\_\_\_\_  
Telephone(H) \_\_\_\_\_ Cell \_\_\_\_\_ (W) \_\_\_\_\_  
\_\_\_\_\_  
Email: \_\_\_\_\_  
Highest USFSA Test Passed: Freestyle \_\_\_\_\_ MIF \_\_\_\_\_

**Freeskate Well balanced Freeskate Competitive Test Track Short  
Program Compul Moves Jumps Only Spins Only Artistic Artistic Mini**

# compArtistic

Prod

# of compLtd Pre-Pre Pre-Pre Preliminary Open Prelim Pre-  
Juv Open Pre-Juv Juvenile Open  
Juvenile IntermediateNovice Junior Senior BronzeSilverGold P  
re-BronzeBronze

Silver GoldMMastersYoung Adult Adult

Follies

TotsBeg.1Beg. 2Beg. 3Beg. 4Beg. 5Beg. 6Beg. 7 Comp Moves Freeskate

**2009 Colorado Mid-Winter Invitational Competition—  
 Official Entry Form Page 2 of 3  
 Fees Transmittal Form**

**Competitor's Name**

**USFSA #**

\_\_\_\_\_

**y Fees**

<b>Beginners Events</b>	<b>Cost</b>	<b># Events</b>	<b>Cost</b>
Beginners First Event	\$40		

Beginners Additional Event	\$15	X	1 e a
= _____			

**Colorado MidWinter Events**

1 <sup>st</sup> Event Singles – <b>ALL IJS Events</b>	\$90
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Additional IJS event	\$35
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1 <sup>st</sup> Event Singles – <b>All 6.0 Events</b>	\$85
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All Singles Additional Event	\$ 3 0 p e r e v e n t X	___ e a =
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Artistic and Artistic Duet if only events	\$40 per person
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Mini and Production Ensembles	\$ 20 per person
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(Please provide names of skaters in group)      X # competitors

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Late Fee (After December 15, 2009)    \$30

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**Total:**

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**Please make checks payable to: Pueblo Figure Skating Club  
Any returned checks will be charged a \$25.00 service fee.**

**2009 COLORADO MID-WINTER INVITATIONAL  
ENTRY FORM CERTIFICATION  
PAGE 3 of 3**

I

I understand that this entry must be postmarked no later than December 15, 2008, and in accordance with the United States Figure Skating 2009/2010 Official USFS Rule Book. No entry fee will be refunded after the close of entries unless no competition exists in a particular division. The Competition

Committee reserves the right to limit the number of entries accepted or to cancel an event due to time constraints.

I agree to hold harmless the United States Figure Skating, the City of Pueblo, the Pueblo Figure Skating Club, the Pueblo Plaza Ice Arena and all employees, volunteers, and agents from any loss, damage and/or injury that may be sustained in any manner while participating in this competition. I have read and understand the USFS Rule Book in reference to accidents. The USFS and the clubs or organizers of competitions undertake no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, the USFS, the club hosting the competition, and against its officers, and their entries shall be accepted only on such condition.

I also agree that this application contains correct information to the best of my knowledge and that I will accept a collect phone call if the application is incomplete (if such information is necessary to comply with the rules and regulations of the USFS and the Competition Committee). The Competition Committee accepts no responsibility for not entering a skater in this competition should the entrant/parent/guardian refuse a collect call to obtain the necessary information to place the skater in this competition.

Signature of entrant or parent/guardian (if entrant is under 18)

USFS CLUB CERTIFICATION

I hereby approve this entry form for \_\_\_\_\_ for the 2010 Colorado Mid-Winter Invitational. I certify that the above skater is a member of my club, is in good standing with the club and the USFS, and is eligible to enter the event(s) specified in accordance with current USFS rules.

\_\_\_\_\_  
Signature Club Officer or Test Chairman

\_\_\_\_\_  
Date

**Name of Club Entrant is Representing:**

If skater is not representing a registered club, state that skater is skating as an "independent".

## Coaches Information

Phone Number \_\_\_\_\_ Signature \_\_\_\_\_  
of Professional \_\_\_\_\_ Printed name of Professional \_\_\_\_\_

USFS Coaches Number \_\_\_\_\_ Email address: \_\_\_\_\_

Mail Entry Form to: Colorado Mid-Winter Invitational  
Dalene Perdue (Chair)  
PO Box 162  
Pueblo, CO 81002

For additional information or assistance in completing this form, call Dalene Perdue (719-564-0247) before 9:00 p.m. MST. Information and forms available on PFSC website – HYPERLINK "<http://www.pueblofsc.com>" [www.pueblofsc.com](http://www.pueblofsc.com) and email HYPERLINK "<mailto:-pueblofsc@yahoo.com>" [-pueblofsc@yahoo.com](mailto:-pueblofsc@yahoo.com)

### **PUEBLO FIGURE SKATING CLUB PROGRAM ADVERTISING DEADLINE January 15, 2010**

Program advertising is available for clubs, parents, and other supporters.  
Camera-ready ads must be provided.

Organization/Company: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip \_\_\_\_\_

Contact Person \_\_\_\_\_ Telephone No. ( ) \_\_\_\_\_

Amount Paid \$ \_\_\_\_\_

Ad Rates: \_\_\_\_\_ \$ 10.00 Good Luck Ad - Please specify skater and special message and return it with your payment.

\_\_\_\_\_ \$ 25.00 Eighth Page - Business Card Size

\_\_\_\_\_ \$ 45.00 Quarter Page  
\_\_\_\_\_ \$ 65.00 Half Page  
\_\_\_\_\_ \$ 95.00 Full Page  
\_\_\_\_\_ \$100.00 Back Inside Cover or Front Inside Cover

Please check the size of ad you desire. Camera Ready Ad must be provided. Page size is 8" (length) by 7" (width) approximately.

Make check payable to:  
Pueblo Figure Skating Club  
c/o Dalene Perdue  
Box 162  
Pueblo, CO 81002

**\*\*\*\*\* WE APPRECIATE YOUR BUSINESS\*\*\*\*\***